

BAR SHUKA  
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BREAKFAST  
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**BREAKFAST**

SUPERSTART  
SUPERSTART

Obstsalat ♡

natur.....8  
mit Labneh, Nussmischung,  
getrocknete Datteln<sup>8,9,10</sup> .....10

Bircher Müsli<sup>4,8,9,10</sup> ♡

Haferflocken, Joghurt, Apfel,  
Rosinen, Honig, Haselnüsse ...7,5

Kokos-Chia Pudding<sup>9,10</sup>

Kokosmilch, Chiasamen, Honig,  
Limette, Blaubeeren, Kokoschips,  
Pekannüsse ♡ .....8,5

**EIER ♡**

**EIER**

EIER

Bio Eier aus Hessen/Rodgau.

Jede Eierspeise wird mit Brot und  
Butter serviert<sup>1,4</sup>

1 gekochtes Ei.....3,5

2 Eier

Omelett/Rührei/  
Sunny side up..... 4,5

3 Eier

Omelett/Rührei/  
Sunny side up..... 5,5

**TOPPINGS**<sup>8,10,11</sup>

Tomate ♡ ..... 0,5

Zwiebeln ♡ ..... 0,5

Pilze ♡ ..... 1

Putenschinken..... 1

Paprika ♡ ..... 1

Gouda ♡ ..... 1,5

Feta ♡ ..... 1,5

Ei Benedikt<sup>1,4,10,12</sup>

Ausgehobenes Brot, pochiertes Ei,  
Bacon, Sauce Bernaise..... 12

**BROT ♡**

BROT

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Vollkornbrot

Ausgehobenes Brot

Glutenfreies Brot

Avocado, Tomate ♡ .....10  
+ pochiertes Ei ♡ ..... 12

Sauerteigbrot,  
Butter, geräucherte  
Forelle, Zitronenfilet,  
Frühlingslauch.....11,5

Putenschinken, Gouda,  
Kräuterfrischkäse,  
Tomate, Radieschen.....10,5

Brie, Äpfel,  
Dijonsenf, Walnüsse ♡ ..... 10

Hummus, gegrillte Aubergine,  
Pickles, eingelegte  
Gurke <sup>1,4,8,9,10,12,15</sup> ♡ .....10

JAMES' & DAVID'S

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**FAVORITES**

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SHAKSHUKA

(Pochierte Eier in Tomaten-  
Paprikasauce) Paprika, Tomaten,  
Knoblauch, Gewürze ♡ ..... 10

SHAKSHUKA SPECIAL

mit gegrillten Auberginen,  
Paprika, Tomaten, Knoblauch,  
Gewürze ♡ ..... 12

TOPPINGS

BFC

Frittiertes  
Hähnchenkeulenfleisch ..... 6

3 Falafel ♡

Frittierte  
Kichererbsenbällchen ..... 7,5  
<sup>4,9,10,11,13</sup>

Kleiner Hummus ♡ ..... 2

**FRENCHTOAST ♡** .....8

TOPPINGS

Ahorsirup & BFC..... 6,5  
Schokolade & Bananen <sup>1,4,8,11</sup> ... 2

Getränke:



BAR SHUKA  
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Fruit Salad 🍓  
natural.....8  
with Labneh, Nut Mixture,  
dried Dates<sup>8,9,10</sup> .....10

Bircher Müsli<sup>4,8,9,10</sup> 🍓  
Oatmeal, Yoghurt, Apples, Raisins,  
Honey, Hazelnuts .....7,5

Coconut Chia  
Pudding<sup>9,10</sup>  
Coconut Milk, Chia Seeds, Honey,  
Lime, Blueberries, Coconut Chips,  
Pecans 🍓 .....8,5

EGGS 🍓  
EGGS  
EGGS  
Organic eggs from Hesse/Rodgau.  
Each egg dish is served with bread  
and butter<sup>1,4</sup>

1 boiled Egg.....3,5

2 Eggs  
Omelett/Scrambled Eggs/  
Sunny side up.....4,5

3 Eggs  
Omelett/Scrambled Eggs/  
Sunny side up.....5,5

TOPPINGS<sup>8,10,11</sup>  
Tomato 🍓.....0,5  
Onion 🍓 .....0,5  
Mushrooms 🍓 .....1  
Turkey Ham.....1  
Paprika 🍓 .....1  
Gouda 🍓.....1,5  
Feta 🍓.....1,5

Egg Benedikt<sup>1,4,10,12</sup>  
Raised Bread, Poached Egg,  
Bacon, Sauce Bernaise.....12

BREAD 🍓  
BREAD  
BREAD  
Wholegrain Bread  
Raised Bread  
Gluten free Bread

Avocado, Tomato 🍓 .....10  
+ Poached Egg 🍓 ..... 12

Sourdough Bread, Butter,  
Smoked Trout, Lemon Fillet,  
Spring Leeks..... 11,5

Turkey Ham, Gouda, Herb Cream  
Cheese, Tomato, Radish.....10,5

Brie, Apples, Dijon Mustard,  
Walnuts 🍓 .....10

Hummus, grilled  
Aubergine, Pickles, pickled  
Cucumber<sup>1,4,8,9,10,12,15</sup> 🍓.....10

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FAVORITES  
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SHAKSHUKA  
(Poached Egg in Tomato-Paprika  
Sauce) Paprika, Tomatoes, Garlic,  
Spices 🍓.....10

SHAKSHUKA SPECIAL  
with grilled Eggplant, Paprika,  
Tomatoes, Garlic, Spices 🍓.....12

TOPPINGS

BFC  
Deep fried Chicken Leg Meat....6

3 Falafels 🍓  
Deep fried Chickpea  
Balls<sup>4,9,10,11,13</sup> ..... 7,5

Small Hummus 🍓.....2

FRENCHTOAST 🍓 .. 8

TOPPINGS  
Maple Syrup & BFC ..... 6,5  
Chocolate & Bananas<sup>1,4,8,11</sup> ..... 2

Drinks:

